



Train hard and don't go down without a fight.

Safety Tips

- Guard your information as though your safety and the safety of your family relied on it
- Ask social engineering questions to fire test back stories of potential assailants
- Watch for bulges under clothing
- Watch an approaching person's hands to see if they are concealing a weapon
- The eyes are the windows to the soul. Watch a person's eyes, they will always reveal intentions
- If something feels off, listen to that. Pay attention to your instincts - it might save your life
- Never let a potential threat position themselves behind you
- Ensure that you're mentally ahead of your attacker, as if you were the attacker
- Strategize escape and evasion routes in every environment that you walk into
- Configure counterstrike measures, including protective environmental weapons
- Preframe the experience. Be yourself, be fun, but be smart
- Inform the person looking at the house, in a professional manner, of your expectations (Realtor)
- Look for signs of resistance, and possible ulterior motives (Realtor)
- Do a 5 second point-to-point threat analysis of your environment
- Do the math. If a potential buyer takes the bus to see a million dollar home, something is off (Realtor)
- Pay attention to the things that are hard to see. It could save you time, and your safety
- Weaponize yourself. Train to protect yourself.
- Fitness is great, it can add years to your life. Defense can save your life, train it regularly
- Ask yourself when in doubt, "What could this meeting cost me?"
- Your life is worth more than money. Behave as such.
- Having to heal mentally from a devastating experience is also worth more than money
- Meet in well lit, well populated areas for first meetings.
- Make sure you feel comfortable with new clients, male or female. Don't let ego get in the way
- Recognize that in most business interactions you rarely know exactly who you are dealing with.
- You don't know who you are dealing with, don't gamble with your life
- Posture yourself with confidence. Be charming, be polite, be ready to kill if necessary
- Exercise Mental State Change
- Your mind is the weapon, learn how to make it serve you on demand
- Leave a folding knife in your trunk. This will come in extremely helpful, should you find yourself tied up in your trunk.